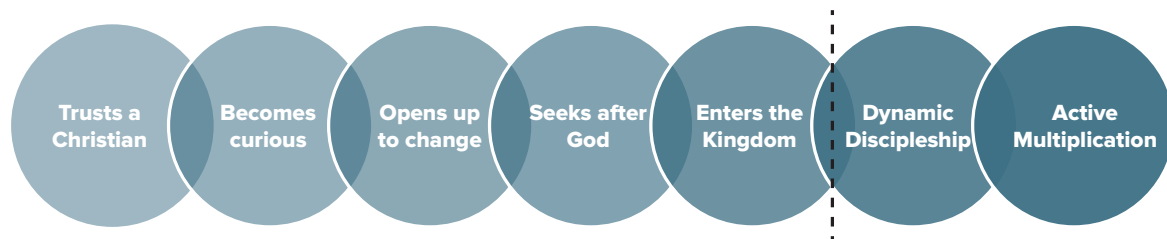


# THE SPIRITUAL JOURNEY

People who choose to follow Jesus have usually gone through five distinct stages\* Once they've committed to Christ, our goal is to help them mature spiritually (dynamic discipleship) so they can share their faith confidently and train others to do the same (active multiplication). Keep these thresholds in mind as you come alongside others.



\* You can learn more about The Spiritual Thresholds by purchasing a copy of *I ONCE WAS LOST: WHAT POSTMODERN SKEPTICS TAUGHT US ABOUT THEIR PATH TO JESUS* by Don Everts and Doug Schaupp.

## YOUR MISSION

Your mission is to come alongside people and help them take the next step on their spiritual journey.

## WHAT IT REALLY MEANS TO BELIEVE IN JESUS

- Agree with your mind.
- Trust with your heart.
- Commit with your life.

“Yet to all who did receive him, to those who *believed* in his name, he gave the right to become children of God.”  
John 1:12

## THE BASICS OF THE GOSPEL

- 1 We were created to have a relationship with God, full of purpose, joy and meaning. (Genesis 2:7)
- 2 We've all sinned by living our own way. Therefore we are separated from God. (Romans 6:23)
- 3 Jesus lovingly died to pay the penalty for our sin and open the way to be forgiven. (John 3:16)
- 4 Jesus rose from the dead to offer us the gift of a restored relationship with God when we choose to believe in Him. (2 Timothy 1:10)

## SPIRITUAL BREATHING

It's a great way to stay filled with the Holy Spirit as you mentor. (1 John 1:9)

**Exhale:** Admit your sin to God—no excuses—take full responsibility for your mistake and resolve not to repeat it. Let go of worry, fear or self-reliance.

**Inhale:** Rely on God to fill you by His Spirit. Receive His hope, confidence, forgiveness and power to make better choices.

## FOUR ESSENTIALS TO RESPONDING

- 1 Ask the Holy Spirit to give you discernment and the right words to say.
- 2 Acknowledge their need with empathy. If you choose to share your experience, keep it very simple and brief.
- 3 Type out your prayer.
- 4 Transition to their spiritual journey.



## GROWTH STEPS FOR NEW BELIEVERS

- G** Go to God in prayer daily.
- R** Read God's Word daily.
- O** Obey God moment by moment.
- W** Witness for Christ by your life and word.
- T** Trust God with every detail of your life.
- H** The Holy Spirit - Allow Him to control and empower your daily life and witness.



### Messages

Where you read, pray and respond



### Archive

Where all your old messages are stored



### Resources

Where you find tools and tips along the way



### Training

Where you get equipped to impact lives



### Support

Where you give feedback or ask for help